

# One Great Brand

## TWO INCREDIBLE WAYS TO GET STRONGER

For over 25 years, Curves has been helping strengthen women around the world with a 30-minute workout that combines strength training, cardio, and stretching. Now you can experience the benefits of improved strength, flexibility, and balance, too! Join Curves and live the life you want!

# Curves®

# myCurves® ON DEMAND



- ✓ Experienced & Professional Coach at Every Workout
- ✓ One-on-One Monthly Coaching Session Included
- ✓ Safe & Effective Machines Designed Especially for Women
- ✓ Supportive Community of Women
- ✓ Variety of Specialty Classes
- ✓ Locally Owned and Operated

- ✓ Developed by Curves Program Experts
- ✓ Led by Curves Coaches – Real Women Just Like You
- ✓ New Content Updated Monthly
- ✓ Available Anywhere, Anytime on Your Favorite Device
- ✓ Safe, High-Quality Resistance Band Shipped to Your Home

Click [Get Started](#) > [Pick Your Plan](#) > [Create Your Account](#) *Promo Codes are Applied at Checkout*

Group Name:

Join Now and Get Your First  
**30 DAYS FREE!**  
with annual membership

\*Enrollment fee due up front and varies by location. Valid only with 12-month recurring billing fitness membership. Offer valid between first month's fee waived. Valid at participating locations only. Cannot be combined with any other offer or discount. No cash value.

Log in to Activate Your  
**FREE MONTH!**  
ACCESS CODE: CURVESPARTNER

\*\*First month charge is \$24.99 plus \$25 for the resistance band. Second month is free. Monthly charge \$24.99 thereafter, if the subscription is not cancelled prior to the end of the 30 days. Sales tax will be added and varies by location. Cannot be combined with other offers. For full terms and cancellation go to <https://www.mycurvesondemand.com/page/terms-of-service>.

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